

Organisation:

Date:	September 17- 18, 2010
Time exent:	12 h (à 45 Min)
Times:	Day 1: 11:00 am - 07:00 pm, after that evening dinner Day 2: 09:00 am - 12:00 am
Profession:	A multidisciplinary conference incorporating neuropsychology, clinical psychology, occupational therapy, physiotherapy, speech and language therapy, social work, medicine and nursing.
Venue:	Matthias-Ehrenfried-Haus Bahnhofstraße 4 - 6 97070 Würzburg (Germany) Phone: 0049 931 386-68720 www.me-haus.de
Accommodation recommended:	www.koenigundmueller.de / How to get there -> Venue Würzburg
Turnouts:	max. 100 persons
CME-/FE-Points:	13
Registration:	Akademie bei König & Müller Sammelstr. 36/38 97070 Würzburg (Germany) Phone: 0049 931 46079033 Fax: 0049 931 46079034 akademie@koenigundmueller.de www.koenigundmueller.de
Conference fee:	245,00 € (incl. VAT)
Code-Nr.:	FB100917B (please quote at registration)

The symposium will be held in English. Please organise your own hotel accommodation. We have arranged special prices at some hotels (see www.koenigundmueller.de at the link "how to get there"). We have applied for CME credit points at the Bavarian Chamber of Psychotherapy. The conference fee includes coffee breaks and lunch.

Registration Form:

(send by fax: 0049 931 460790-34)

Family name, given name:

Address: office / private:

Telephone:

Mobile Phone:

Fax:

E-mail-address:

Profession & Title:

The conference fee for the course **FB100917B** of 245 €

should be taken from the following credit card

Visa Card Euro- / Master Card

No. _____

expiry date: _____

has already been paid on.

Account: 204388216, Routing Code: 790 906 24
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I have read and agree with the conditions of registration. These are visible on www.koenigundmueller.de (Registration conditions are available in printed form on request)

Date:

Signature:



Neuropsychotherapy: Training psychotherapists to work with people with brain illnesses

with

**Tedd Judd, Ph.D., ABPP-CN,
Bellingham, USA**



September 17 - 18, 2010

at

**Matthias-Ehrenfried-Haus
Bahnhofstraße 4 - 6
97070 Würzburg (Germany)**

Neuropsychotherapy: Training psychotherapists to work with people with brain illnesses

Contents:

Neuropsychologists often refer clients to psychotherapists who may not be adequately trained to treat people with brain illnesses. This presentation gives a systematic approach to neuropsychotherapy, that is, adapting conventional psychotherapy to the needs of clients with brain illnesses. This approach was developed for teaching psychotherapists and families, and includes the following:

The **conceptualization of psychopathology** is critical to treatment planning. A model which includes pre-illness, reactive, and organic components allows for planning different treatment strategies appropriate to each type of problem. The coherent and teachable conceptualization of organic changes in personality and behaviour presented here allows psychotherapists to take an emotional rehabilitation perspective. This eliminates inappropriate dynamics of guilt, shame, and blame and inappropriate depth psychology approaches to organic changes.

The **technique** of neuropsychotherapy incorporates cognitive and emotional compensations into therapy. A slow, structured, concrete, repetitive communication style and a therapy session agenda accommodate impairments in attention, executive functions, and memory. A therapy notebook is a memory notebook for the therapy sessions. It facilitates carryover, models the use of compensations, and allows the therapist and client to explore together the client's level of functioning and need for support. Cuing systems such as cell phones and cue cards are memory compensations that facilitate applying therapeutic strategies in real life settings.

The **content** of neuropsychotherapy includes education about brain illness, particularly organic changes in personality and emotions. An understanding of what has happened usually reduces anxiety, makes life more

predictable, and points the direction to take. That direction usually includes emotional rehabilitation—learning how to cope with a changed brain with an altered set of emotional responses and communication abilities. This can include learning to choose and modify one's environment for better emotional control, training specific emotional control techniques, and compensations for and retraining of changed emotional communication abilities. Rehabilitation of executive functions is applied in the spheres of interpersonal relations and life management. This usually proceeds by putting external controls and compensations in place, then training the person to take over the use of those controls thereby moving towards self regulation. Training self awareness, especially awareness of deficits, is also critical. This involves self prediction, controlled real-life experiences ("supported failure"), and non-judgmental feedback about self judgments. Presenting one's new self to others can be worked out through writing letters, role playing, group work, and homework.

Neuropsychotherapy typically includes involvement with **family and community**. The person with a brain illness frequently is not capable of full responsibility for his/her own behaviour. That responsibility must be shared with caregivers, but the proportion each is responsible for varies with the time course of the illness. The neuropsychotherapist helps the person with the brain illness and caregivers to understand that continuum of responsibility and to act appropriately within it. The neuropsychotherapist also helps determine appropriate roles for different members of the social context of the person with a brain illness.

Having established a framework for conducting such work, this workshop will then address approaches to specific organic emotional problems, choosing as examples those that are most illustrative and most problematic. These will include: reflex crying, impulsive anger, reduced drive, depression, and executive dysfunctions.

The workshop will then illustrate the integration of these principles through several case examples.

There will then be a discussion of areas of agreement, complement, and contrast between this sense of neuropsychotherapy and Grawe's sense of neuropsychotherapy.

The workshop will conclude with a discussion of directions to go in the future with respect to development of neuropsychotherapy approaches, research, and the professional and social diffusion of neuropsychotherapy perspectives.

Literature:

T. Judd (1999): *Neuropsychotherapy and Community Integration - Brain Illness, Emotions, and Behavior*. New York: Kluwer

Vita:

Tedd Judd received his B.A. from Princeton, his PhD from Cornell, and postdoctoral training in neuropsychology at the University of Washington. He is Board Certified in Clinical Neuropsychology by the American Board of Professional Psychology, a Fellow of the National Academy of Neuropsychology, a Certified Hispanic Mental Health Specialist, and President of the Hispanic Neuropsychological Society. He is adjunct clinical faculty in psychology at the University of Washington and adjunct faculty in psychology at Seattle Pacific University.

He has worked in adult clinical neuropsychology for 29 years, and currently is in private practice in Bellingham, Washington. Much of his work has focused on traumatic brain injury rehabilitation. He has taught neuropsychology in 21 countries on 5 continents, including a Fulbright Senior Lectureship in Spain and two years of teaching in Costa Rica. He has a specialty in cross-cultural neuropsychology, and an interest in the development of culturally appropriate neuropsychology in developing countries.

In addition to his 1999 book, *Neuropsychotherapy and Community Integration: Brain Illness, Emotions, and Behavior*, he has published 14 articles and book chapters.

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